Dear Friends,

Namaste,

It is my privilege and honor to serve as the ICSR President for 2019. On behalf of the entire committee of ICSR, I wish you and your family a very healthy and prosperous 2019. First of all, I would like to express my sincere thanks to my committee for having accepted the responsibility to execute many exciting programs planned for 2019. We all share the same passion and love for ICSR and its goals. Besides, committee members have a wealth of talent and expertise to meet many challenges in supervising and organizing the events. I could not have asked for a better team to accomplish all that is expected and desired.

I want to express my gratitude to our previous years’ President Poonam Mohan for having given our community such a great 2018. Every event organized was highly appreciated and an inspiration.

I am excited to announce that ICSR was successful in securing a new grant from the Rockland County Tourism Dept., to attract more audience & potential members to our events, from outside the Rockland County. ICSR will be working closely with the Rockland County Tourism Dept. to achieve this goal. As part of this initiative, ICSR will be conducting several membership drives outside the County. We need your support to spread the word about ICSR and its inspiring Cultural programs.

One more area where we would keep the momentum going is building a stronger Youth Committee, which comprises of kids from 8th grade to 11th. They will be playing a very active role in all our events thru out the year. Our goal is to make our kids play a more prominent role in the growth and success of ICSR, which will help them in enhancing their interpersonal skills and passion for Indian Culture. Also, we are bringing back our community outreach program - Soup Kitchen. Youth committee will be playing a key role in assisting us in cooking and serving the food to the needy.

Vasant Utsav, our first and very popular event of the year is scheduled for Saturday, March 16th, 2019 followed by Holi in April and the Cultural Program in May. We invite you and your family to bring friends to join us on March 16th to welcome and celebrate spring at the Palisades Mall Community Center. Please show our community the support it deserves by showing up in large numbers. You’re all assured of a lovely musical evening and delicious food.

On behalf of the ICSR Committee, I want to thank every one of you for your continued support to achieve ICSR goals throughout 2019. ICSR is truly blessed to have the support of our generous sponsors who continue to support us year after year; because of which we can bring excellent programs. I am hopeful that even more new sponsors will join and help our community services endeavor this year. My team and I seek the community’s partnership in all our endeavors this year. ICSR members can contribute in many ways – attend our programs, enhance participation, become a sponsor, and promote our organization and its mission to potential supporters. Please help us in widening our membership base by talking about the organization among your friends, families, and co-workers.

We are looking forward to a fabulous year with your cooperation and support.

Anil Mandapaka
President, ICSR
<table>
<thead>
<tr>
<th>Month</th>
<th>Program</th>
<th>Date</th>
<th>Chair and sub-committee</th>
<th>Venue</th>
</tr>
</thead>
<tbody>
<tr>
<td>Jan - Dec</td>
<td>Membership drives</td>
<td></td>
<td>Rajiv Rohilla, Abhineet Jha</td>
<td></td>
</tr>
<tr>
<td>March</td>
<td>Vasant Utsav</td>
<td>Saturday, 16th, 4 pm – 9 pm</td>
<td>Nikita &amp; Poonam, Raj, Ravi D, Satish, Ravi R, Alka, Heena, Suri, Ramesh, Abhineet</td>
<td>Palisades Mall Community Center</td>
</tr>
<tr>
<td>April</td>
<td>Holi Celebration</td>
<td>Sunday, 14th, 12 pm – 4 pm</td>
<td>Heena &amp; Raj, Suri, Ravi D, Krishnan, Rajan, Uma, Ramesh, Abhineet</td>
<td>Congers Lake</td>
</tr>
<tr>
<td>May</td>
<td>Helen Hayes Program</td>
<td>Sunday, 5th, 4 pm – 7 pm</td>
<td>Krishna &amp; Heena, Nikita, Rajiv, Rajan, Ramesh, Abhineet</td>
<td>Helen Hayes Hospital</td>
</tr>
<tr>
<td></td>
<td>Cultural Program Rehearsal Day</td>
<td>Friday, 10th, 7 pm – 9 pm</td>
<td>Charu &amp; Suri, Heena, Krishna, Ravi D, Uma, Ramesh, Abhineet</td>
<td>Clarkstown South High School</td>
</tr>
<tr>
<td></td>
<td>Cultural Program</td>
<td>Saturday, 11th, 4 pm – 10 pm</td>
<td>Charu &amp; Suri, entire committee</td>
<td>Clarkstown South High School</td>
</tr>
<tr>
<td>June</td>
<td>Masala Cruise</td>
<td>Sunday, 16th, 4 pm – 7 pm</td>
<td>Krishnan, Charu, Rajiv, Alka, Satish, Ramesh, Abhineet</td>
<td>TBA</td>
</tr>
<tr>
<td></td>
<td>Senior’s Trip</td>
<td>Saturday, 22nd, Whole day</td>
<td>Uma &amp; Ajayveer, Rajan, Suri, Ravi D, Ramesh.</td>
<td>TBA</td>
</tr>
<tr>
<td>July</td>
<td>Picnic</td>
<td>Sunday, 14th, 9 am – 3 pm</td>
<td>Rajiv &amp; Ravi D, Satish, Suri, Alka, Uma, Ramesh, Abhineet</td>
<td>Congers Lake</td>
</tr>
<tr>
<td>August</td>
<td>India Day Parade &amp; Festival</td>
<td>Saturday, 17th, 11 pm – 4 pm</td>
<td>Raj, Ajayveer &amp; Ravi D Poonam, Nikita, Alka, Uma, Heena, Suri, Satish, Ravi R &amp; entire committee</td>
<td>Main Street &amp; Court House, New City.</td>
</tr>
<tr>
<td>September</td>
<td>AAPI &amp; ICSR Health Fair</td>
<td>TBA</td>
<td>Krishnan &amp; Alka, Rajan, Uma, Rajiv &amp; Krishna</td>
<td>Palisades Mall Community Center</td>
</tr>
<tr>
<td></td>
<td>East Meets West</td>
<td>TBA</td>
<td>Krishnan, Satish &amp; Ajayveer, Charu, Alka, Ravi R, Suresh, Ramesh &amp; Abhineet.</td>
<td>TBA</td>
</tr>
<tr>
<td>October</td>
<td>Navaratri Night</td>
<td>Saturday, 5th, 8 pm – 12 pm</td>
<td>Alka, Uma, Heena, Rajan, Raj, Krishnan, Ravi D.</td>
<td>Ramapo High School</td>
</tr>
<tr>
<td>November</td>
<td>Diwali Dinner</td>
<td>Saturday, 2nd, 5 pm – 10 pm</td>
<td>Ravi D, Heena &amp; Satish, Raj, Charu, Nikita, Krishna, Rajiv, Ramesh &amp; Abhineet</td>
<td>Crowne Plaza, Airmont, NY</td>
</tr>
<tr>
<td></td>
<td>Youth Program</td>
<td>Friday, 22nd, 6 pm – 10 pm</td>
<td>Suri, Abhineet &amp; Charu, Raj, Ravi D</td>
<td>Palisades Mall Community Center</td>
</tr>
</tbody>
</table>
Wishing you all a Happy and Healthy New Year 2019!

On behalf of ICSR, I am excited to present our 1st Newsletter for 2019 (information also available on www.icsronline.com) which includes information on our upcoming events, community announcements and a message from our newly elected President Mr. Anil Mandapaka. The work has already begun and our entire committee is looking forward to serving its community with the help and support of our Youth Wing Volunteers and make this year another memorable one.

The Year 2018 was yet another very successful year for ICSR. At every event, the participation from our community was at its record high. We had over 500 persons enjoying the Navaratri Night celebrated on October 13th. The Annual Diwali Dinner & Dance was also a houseful event held on November 17th at Crown Plaza in Suffern, NY attended by members of all ages who got to enjoy the street food corner and fine dining together with Live Band entertainment.

ICSR feels very proud to also have held the annual event “YOUTH MEET (Career and College Planning Night)” on Nov 23rd at the Palisades Mall Community Center where the middle and high school students got to meet a Speaker Panel consisted of ICSR Youth from different fields of work sharing and exchanging their experiences, wisdom and success stories with one another. It was truly inspiring for all who witnessed.

As we head into 2019 events, our new committee under the leadership of Anil Mandapaka is ready and excited to bring you lots of fun filled and spectacular family events throughout the year. We’re less than a month away from our event “Vasant Utsav” scheduled for Saturday March 16th followed by “Holi” in April. We encourage you to spread the word around and help us make these events more and more successful.

Our Community Announcements section is for your use. Please send in any announcements or achievements so that the entire community can take pride and share in your joy.
ICSR is a non-profit, cultural organization run by hundreds of volunteers since its inception in 1972. We are truly grateful to all the volunteers and our community for their countless hours. However, none of this would be possible without the support of our sponsors. ICSR would like to thank all of its advertisers and Grand/Annual sponsors for their financial support. The following are names of ICSR’s 2018 Grand & Annual Sponsors and hope that we will continue to receive their support in 2019 and we expect even more will join and support our community services endeavor this year:

1. MR. DEO NARIAN OF AURO CHEMICALS
2. MR. MANISH AND MRS. NIKITA KRISHNAN OF ATCS
3. MR. MITUL SHAH AND SHASHI PATEL OF NYACK MOTOR LODGE
4. MR. SANJEEV AND KASHMIRA PATEL OF KG CONSTRUCTION
5. DR. USHA SHAH
6. MRS. USHA AND MR. NITIN GALA OF ONE DOLLAR ZONE
7. MRS. ALKA AND DR. VIKRAM SHAH
8. MR. ALPESH & MONICA PATEL
9. MRS. SEEMA AND MR. VIPUL PATEL OF NEHAL CONSTRUCTION
10. AMERICAN PROFESSIONAL MANAGEMENT
11. DR. KAMINI AND DR. RAKESH SHREEDHAR
12. MRS. UMA AND CHANDRESH SHAH OF NORTHWESTERN MUTUAL.
13. DR. PRAKASHCHANDRA RAO
14. CARDIOLOGY CONSULTANTS OF ROCKLAND
15. MR. GEORGE JOSEPH OF MASS MUTUAL
16. MR. SAMEER PATEL OF DUNKIN DONUTS
17. MRS. AMI AND RAJESH SOPARIWALLA OF REGENCY AND BEST WESTERN
18. MR. MAHESH AND MRS. BHAVANA PATEL
19. MRS. SUSHMA AND DR. VIJAY SONI
20. MRS. HETAL AND JIGNESH RAVAL
21. DR. BRIJENDRA BATRA
22. GLOBAL FINANCIAL SERVICES
23. DR. R. UBRIANI
24. DR. SURESH RAMASWAMY
25. TRUSTCO BANK
26. KUMON MATH AND READING CENTER OF NEW CITY AND SPRING VALLEY
27. DR. BINA BHATIA
28. MR. MAYANK PATEL OF CONGERS WINE AND SPIRIT
29. MR. ALPESH PATEL OF HILCREST BEVERAGE CORP
30. MR. SHIVA BHASHYAM OF AMERIPRISE FINANCIAL
31. V. BOB

ICSR IS THANKFUL TO ROCKLAND COUNTY & ROCKLAND TOURISM DEPT FOR THE ANNUAL GRANT AND TOURISM GRANT
We are impressed by the interest and dedication shown by 24 super bright and very passionate 8-11 Grade ICSR Youth Wing Volunteers 2019!!

Abhinav Khanduja  Aishwarya Rajendran  Shashwat Patel  Spurthi Setty  Aayush Sharma  Aditya Sharma
Suchita Sridhara  Swaneet Jha  Aayan Krishan  Alekhya Mandapaka  Gopesh Shreedhar  Nidhi Avasatthi
Vishnupriya Gupta  Diya Sharma  Praket Nigam  Vasundara Kurup  Sravanth Malla  Ria Sah

Four professionals will mentor these volunteers through the course of the year in the following areas:

Abhineet Jha & Ramesh Bonam: Development of Skills in Event Photography: After capturing ICSR events for past few years, it’s time to share the tips and tricks of photography with our young talented volunteers. As a collaborative team, the photography wing of ISCR’s Youth Program will get hands on experience from learning camera basics to capturing memorable moments at ICSR events. They will learn to work as a team, develop interpersonal and leadership skills while engaging with members of the community.

Rajiv Rohilla: Publicity and Membership drives: Committed to connecting our community to its culture and the values it creates for our members of all ages and ultimately to increase our membership. Develop interpersonal skills, acquire more knowledge, confidence and develop an all-round personality of our youth which will help us secure a better future.

Suresh Iyer: Developing alumni network: Alumni had contributed immensely when they were younger, and we are thankful to them. ICSR is what it is due to all their enthusiasm and spirit. The objective of forming ICSR Alumni group is to foster the spirit of giving in the form of sharing experiences and information that they have gained to the new kids at the cusp of starting college and their parents. Additionally, this will strengthen the ties between alumni and ICSR community as well as help in growing the ICSR family.

Charu Krishan: Creative Writing & Social Media Promotions: ICSR Youth Wing continues to work on spreading awareness about the organization through social media and promotional campaigns. The volunteers are being coached to create written and graphic content to maintain ICSR’s online cultural synopsis series about travel, arts and heritage. The idea is to provide a platform to for them to explore creative writing, practice safe and practical cyber use, actively contribute towards the organization & generate a stronger sense of belonging to ICSR and Indian culture in general.
India Cultural Society of Rockland

Presents

VASANT UTSAV

Live Music, Art show and Fine food!
Proud and honored to present Tri State’s talented vocalists,

Leena Gore & Faisal Alam

Saturday, March 16th, 2019, 4.30pm-9pm
DRESS CODE- SPRING COLORS ONLY RED, GREEN, GOLD

- FINE INDIAN CUISINE- APPETIZERS AND MAIN COURSE INCLUDED
- CROWNING OF BEST DRESSED SPRING KING AND QUEEN
- FILMY BINGO & DHUN PECHANO (GUESS THE TUNE)
- PLEASE BRING YOUR ORIGINAL, FRAMED ARTWORK WITH STAND FOR DISPLAY AT THE ART SHOW BY 3.30PM.
FREE PARTICIPATION FOR ART EXHIBITION
DOORS OPEN AT 4PM, APPETIZERS WILL BE SERVED 4.30-5.30PM

Palisades Mall Community Center,
(4th floor, next to skating rink),
1000 Palisades Center Drive,
West Nyack, NY 10994

ADMISSION
Kids under 12- FREE
Members 13 and older $5
Non Members 13 and older $15
Festival of Colors
Sunday April 14th, 2019
From 12:00 Noon to 4 PM
Congers Community Center, Congers, NY

---

Saturday MAY 1
1th, 201
at 4PM
Clarkstown South High School
31 Demarest Mill Road, West Nyack, NY 10994

- Food will be available for purchase at Intermission
- All graduating high school seniors of ICSR members will be recognized. Please call Basavaraj Balapal or any committee member if your son or daughter is a graduating senior.
- To participate in this event, choreographers and participants must be ICSR members for 2019.
Personalized protection
Coverage that’s catered to you.

Your protection needs are unique. Shouldn’t your insurance coverage be as well? We can give you the personalized coverage that you and your family need, now and for the future. Call or stop by today for a no-obligation quote.

MATT MATHEWS AGENCY  845-362-1700
1581 RT 202 PACESETTER (NEXT TO STOP ‘N SHOP) POMONA, NY 10970

AUTO • HOME • LIFE • RETIREMENT • CONDO
UMBRELLA • RENTERS • BOAT • MOTORCYCLE
LANDLORD • BUSINESS OWNERS
WORKPLACE BENEFITS • FINANCIAL PLANNING

Proudly protecting our community for over 25 years.
RELAX !!
Let us work towards your wealth management and retirement investment returns ...

Contact us if you would like to know how to:

- Eliminate capital gain taxes
- Protect your assets from litigations
- Reduce your tax bracket to a minimum possible level
- Create a flow of tax free cash at retirement age.
- Accumulate wealth by purchasing huge life insurance policy without paying for it.

KAMAL N. MOHIDEEN, M.B.A.
Wealth Architect

INDUSTRY LEADER (Top One percent of US Sales Force)

TRUSTWORTHY  DEPENDABLE  RELIABLE

AMERICAN PROFESSIONAL MANAGEMENT, INC.
420 Madison Avenue, Suite 1204, New York, NY 10017
Tel. (212) 213-5413  Fax: (212) 213 6837
Email: kamal@apmanagement.info
WE WORK FOR YOU!

VINITA ULLAL, ESQ.

THE BOZEMAN LAW FIRM, PLLC
A FULL-SERVICE LAW FIRM
REAL ESTATE, FAMILY LAW, WILLS & TRUSTS, IMMIGRATION

SIX GRAMATAN AVENUE
FIFTH FLOOR
MOUNT VERNON, NY 10550
(914) 668-4600
Give your child an academic advantage in school and beyond!

Enroll them in Kumon today!

Kumon helps your child become a better learner:

- The Kumon Method helps children ages 3 through high school advance their math and reading skills.
- Many of our students are studying above grade level.
- For over 60 years, Kumon has benefited millions of kids around the world.

Start giving your kids all the advantages of Kumon. To learn more, we invite you to schedule a Free Placement Test.

Kumon Math and Reading Centers of

NEW CITY
170 South Main Street
New City, NY 10956
845.638.1014
kumon.com/new-city

SPRING VALLEY
15 Perlmans Drive, Suite 110
Spring Valley, NY 10977
845.371.1033
kumon.com/spring-valley-ny

Where Smart Kids Get Smarter.
Unite. In a word, we believe in the strength of diversity.

Whether in the community or the workplace, diversity of culture, background and thought are vital to ensure the dreams, needs and rights of all are represented. Raymond James is committed and proud to support those dedicated to fostering inclusive environments where differences are understood, respected and valued. LIFE WELL PLANNED.

Christopher J. Leavy
Senior Vice President, Investments

61 S. Paramus Rd. // Paramus, NJ 07652
D 201.291.5943 // C 917.991.7621
chris.leavy@raymondjames.com
www.raymondjames.com/njnewjerseyewm

RAYMOND JAMES

Proud to support the India Cultural Society of Rockland.

© 2017 Raymond James & Associates, Inc., member New York Stock Exchange/SIPC. Raymond James is not affiliated with the organization(s) listed.
BEST WISHES
FROM
The Patel Family

361 Route 59, West Nyack, NY 10994
25 Route 59, Nyack, NY 10960
3372 Palisades Center Drive, West Nyack, NY 10994
301 Route 304, Bardonia, NY 10954

---------------------------------------------------------------------

FROM
MANISH KRISHNAN AND FAMILY
Advanced Technology Consulting Service Inc ATCS
www.atcs.com

---------------------------------------------------------------------

BEST WISHES

Deo, Indrani, Babita, Darshini and Roshini Persaud

---------------------------------------------------------------------

Best wishes
From

Dr. Rakesh and Kamini Shreedhar,
Anusha, Shivani and Brijesh
Best Wishes

From

The Soni Family
Aneesh, Priyal, Sushma and Vijay

Best Wishes

From

S. RAMASWAMY, D. D.S. Orthodontist
Route 304, Suite 2F-W
New City, NY 10956
(845) 634-9603

Best Wishes

from

Mahesh & Bhavana Patel
Akta, Avani & Deev

Best Wishes

from

Vipul & Sapna Shah
Sachin and Samir
Most people hope to enjoy a long and healthy life on their own terms. But at some point, if you develop a chronic illness, cognitive impairment or have a disabling injury, you may need help with tasks of everyday living. Having a plan in place in case of a long-term care event is an important step to help preserve your quality of life and your financial security. And it gives you and your loved ones the confidence to take on anything that comes your way.
We are conveniently located in Rockland County, just off exit 12 from the NYS thruway. The hotel is just 19 miles from New York City and 25 miles from the United States Military Academy at West Point (USMA). It is also few minutes from Dominican College, Bear Mountain State Park, Nyack College and St. Thomas Aquinas College. Palisades Center shopping mall, featuring four floors of shopping and restaurants as well as a movie theatre, the Lucky Strike Lanes bowling alley and an ice rink, is just across the street.

Discounts on bulk bookings available
Quote this ad to receive special pricing
Alpesh and Monika Patel,
Jay & Aryan
HariOm Partners Inc
1 East Route 59
Nanuet NY 10954
Phone: 845-623-4984

GLOBAL FINANCIAL SERVICES
Accounting Insurance and Bonding

Lawrence H. Hecht CPA
Malcolm Stewart CPA

470 Routes 304
New City, NY 10956
Phone 845 634 0550
Fax 845 634 7648

globalny470@gmail.com
Best Western Plus

REGENCY HOUSE HOTEL

We Cater To Your Wishes...

140 Routh 23 North, Pompton Plains, NJ 07444
PHONE 973-696-0900 | FAX 973-696-0201 | EMAIL sales@BWRIH.com
www.RegencyHouseHotel.com

Days Inn

DAYS INN NANUET SPRING VALLEY
367 West Route 59
NYS Thruway, I-87/I-287 Exit 14
Nanuet, NY 10954

For Friendly Service & Unbeatable Value

- Free continental breakfast
- Outdoor seasonal pool
- In-room microwave and refrigerator
- 32-inch LCD TV

- Free Wi-Fi Internet
- Pet-friendly
- Jacuzzi suites and handicapped-accessible rooms are also available.

Phone: (845) 623-4567 Fax: (845) 623-0190
www.daysinnnanuet.com
MassMutual Financial Group

TRI STATE

• Retirement Planning
  Annuities, IRA and Roth IRA
  Rollovers, Accumulations and Distributions
  Work Site Retirement Plans

• Investment Planning
  Stocks, Mutual Funds and Bonds
  College Saving Plans
  Wealth Management Plans

• Estate Planning
  Estate Plans for Families
  Estate Plans for Professionals
  Estate Plans for Business Owners
  Wealth Transfer Plans

• Insurance Planning
  Life Insurance Plans
  Disability Income Insurance
  Long Term Care Insurance
  Auto and Home Insurance

• Tax Planning
  Tax Free Income and Distributions
  Tax Minimizing and Tax Deferrals

• Business Planning
  Business Succession Plans
  Business Owners Retirement Plans
  Executive Benefit Plans
  Employee Benefit Plans

MassMutual Tri-State
61 South Paramus Road
5th Floor
Paramus, NJ 07652

George Joseph, ChFC
Chartered Financial Consultant
Financial Adviser
Financial Services Representative
CALic. # 0E 65378

E-mail: gjoseph@financialguide.com
Phone: (201) 226-7929
Cell: (845) 323-3666

MassMutual Financial Group is a marketing name for Massachusetts Mutual Life Insurance Company (MassMutual) and its affiliated companies and sales representatives. Local sales agencies are not subsidiaries of MassMutual or its affiliated companies. George Joseph is a registered representative of and offers securities and investment advisory services through MSI Financial Services, Inc. Member SIPC. 851 18th Street, Suite 301, Atlanta, GA 30309. (770) 622-3700. 1896872987#F07.7.7/207.
PULMONARY CONSULTANTS, PC

Brijender Batra, MD, FCCP
✓ Board Certified in Internal Medicine, Pulmonary & Critical Care Medicine
✓ Affiliated with Nyack Hospital, Good Samaritan Hospital & Helen Hays Hospital
✓ Pulmonary Function Test Available in the Office
✓ 24 Hour / 7 Days Answering Service.

Pomona Professional Plaza
974 Route 45, Suite 2100
Pomona, NY 10970

Family Dentistry with Care and Concern

Dr. Bina Bhatia DDS, PC
“Successfully serving the community for over 10 years”

Cosmetic Dentistry
• In-office tooth whitening in just one 40 minute visit
• Tooth colored (white fillings)
• Porcelain crowns and veneers

General Dentistry and Family Practice
• Examinations
• Cleaning and periodontal care
• Sealants and Fluoride Treatment
• Pediatric (Children’s Dentistry)
• Fillings
• Root Canals
• Periodontal (gum) Therapy
• Dentures/Partial Dentures
• Crowns and Bridges
• Extractions

New Patients Welcome
Emergencies Accepted
Evening Appointments
Most Insurances Accepted

Dr. Bina Bhatia DDS, PC
14 Duscher Avenue
West Nyack Medical Building
West Nyack, New York
Tel: 845-358-7275
From
Alka & Vikram P. Shah, M.D.,
Avani & Dr. Dev Shah,
Divya Shah

Best Wishes

FROM

CARDIOLOGY CONSULTANTS OF ROCKLAND
Diplomates American Board of Internal Medicine
& Cardiovascular Diseases
Perminder S. Grewal, M.D., F.A.C.C.; Arvind K. Agarwal, M.D., F.A.C.C.
Bangalore S. Sridhara, M.D., M.R.C.P., F.A.C.C.; Sunandan A. Pandya, M.D.,
F.A.C.C.; Shital R. Parikh, M.D., F.A.C.C.; Rajiv Singh, M.D., F.A.C.C.

Specializing in Management of
Cardiac Arrhythmias
Chest Pain
Coronary Artery Disease
Heart Failure
High Blood Pressure
High Cholesterol
Peripheral Vascular Disease

Offering Excellence in
Cardiac Angioplasty/Stent
Cardiac Catheterization
Carotid/Peripheral Dopplers
Echocardiography
Event/Holter Monitoring
Nuclear Stress Testing
Pacemaker

845-942-1001
12 Liberty Square
Stony Point, NY 10980

845-353-9800
1 Crosfield Ave., Ste 101
West Nyack, NY 10994

201-327-2248
27 S Franklin Turnpike, Ste 202
Ramsey, NJ 07446
Best Wishes

from

Dr. R. Ubriani and Family

Best Wishes

From

Subzi Bazaar

NOW OPEN
Stop In Today

FULL LINE OF INDIAN GROCERIES
• Frozen Indian Dinner Entrees
• Fruit & Vegetables
• Spices • Basmatic Rice
and a lot more!

MINUTES FROM PALISADES MALL
Located Across from Chevrolet and Rockland Bakery
33 Route 304 • Nanuet
845-501-7060
CROWNE PLAZA
SUFFERN

- 230 comfortable guestrooms with 42” LCD TVs
- 24 hour Business Center
- Complimentary High Speed Internet
- 24 hour Fitness Center
- Flagstones Restaurant and Koi Lounge
- 100% Smoke-free
- In-room Keurig coffeemakers
- Mini Safes in each room
- Priority Club Reward Points
- Boardrooms and ballrooms for corporate and social events
- Convenient to New York and New Jersey

Our guest rooms are spacious and comfortable, designed to help you relax after a long day.

Your meetings will run smoothly in our state-of-the-art boardrooms and ballrooms.

Unwind in the tranquility of our indoor Atrium, dine at our Flagstones Restaurant, or enjoy your favorite beverage in our Koi Lounge. Room service is available, too.

3 Executive Blvd. • Suffern, NY 10901
New York State Thruway to Exit 14B
845-357-4800
cpsuffernhotel.com
Best Wishes

From

Mr. Girish & Damini Soni

Best Wishes

Sanjeev and Kashmira Patel
(KG Construction Inc)

Best Wishes

From

Renal Consultants P.C.

Lalita Ravichandran, M.D.
Satish Reddy, M.D. Sri R. Bonam, M.D.
1 Medical Park Drive, Pomona, NY 10970
Tel: 845-362-5600;
Fax: 845-362-5616
Best Wishes

FROM

$1 ZONE

199, ROUTE 46 WEST
SADDLE BROOK, NJ 07663
201-291-9160

Nitin, Usha, Kunj, & Jay Gala
Bharat, Priti, Ricky, & Rema Shah

Best Wishes

from

Dr. P Rao and Family
Best wishes

From the

Balagokulam

team

Balagokulam is a forum for Hindu children in the US to appreciate their cultural roots and learn Hindu values. This is done through games, yoga, shlokas, stories, arts and crafts.

Every Sunday
At Ranganatha Temple
In Pomona, NY
From 5 pm - 6.30 pm

Conversational Hindi is also taught to the children. For further information, please contact Dr. Rakesh Shreedhar, Satish Shreedhar,

Or Smriti Sridhara

Pictures from the recent Navaratri/Deepawali celebration
NEHAL CONTRACTING, INC
156 Airport Executive Park, Nanuet NY - 10954
Tel: 845-517-0711 – Fax: 845-215-5196
WWW.NEHALCONTRACTING.COM

Build with Innovation
Build Green
Build with Confidence

CERTIFIED : MBE (NYCSBA – NYCSCA – NY State – Port Authority – NYC Transit)

Wishing You all Happy Diwali & Prosperous New Year
Proud Supporter of ICSR
Vipul – Seema – Nehal – Krishi
Dr. Vijay Pradhan Foundation

10th Annual Scholarships for Graduating High School Seniors

The Foundation is a charitable, non-profit organization (501 c3 deductible), whose mission is to promote education and culture in the Indian community in Rockland County. The Foundation was formed in loving memory of Shri Vijay Pradhan. Trustees include several prominent members of the Indian community from Rockland County. Funds for the scholarships are raised through personal contributions and an annual fund-raiser. Awardees are voted on annually by the trustees.

STUDENT REQUISITES FOR THE SCHOLARSHIP:
- Applicant should be a resident of Rockland County or nearby area.
- Should be of Indian origin.
- Should demonstrate significant community involvement, especially in the Indian community.
- Nomination process: Student may be nominated by an ICSR member in good standing. Nominations along with your detailed resume (including academic, co/extra-curricular and community service details) should be mailed by Tuesday, April 30, 2019 to:

Dr. Sankaran Krishnan, Secretary, Dr. Vijay Pradhan Foundation, 9 Sgt. Parker Rd.
Blauvelt, NY 10913.

Community Announcements and Events

➢ We are extremely sorry to inform the sad demise of Shree Jai Singh Tyagi. Beloved father of our past-president Ms. Charu Krishan. May God Rest His Soul in Peace.

➢ There is a weekly, ongoing BalaGokulam held every Sunday from 5:00 pm to 6:30 pm at the Sri Ranganatha Temple, Pomona, N.Y. Contact Dr. Rakesh Shreedhar (845 353 6306) or Smriti Sridhara.

➢ Ekal Vidyalaya’s Annual concert featuring EK SURILI SHAAM-EKAL KE NAAM with Subhasis Roy and Group. It will be held on Sunday, May 19th, 2019 at Purchase College Performing Arts center, 735 Anderson hill road, Purchase, NY-10577. For more information please contact: Dr. Rakesh Shreedhar 845-558-7768 or Dr. Suresh Khanna 914-347-4329. More details to follow.
2019 Family Membership Application

January 1, 2019 to December 31, 2019

Name: ___________________________________ Spouse Name ____________________________

Street Address: ______________________________________________________________________

City: ______________________       State: ________________      ZIP: _____________________

E-mail address: ______________________________

Home Telephone: __________________________

Children’s name(s) and age(s):

Signature: _______________________________

Date: ____________________________

Please send this completed application form along with the $50 check payable to “ICSR” at below address:
ICSR, 26 Harvest Rd, New City, NY 10956

Please note that the paid membership ($ 50) runs for the calendar year Jan 1st through Dec 31st, 2019, only. This includes:

- Entry to appx 18 free or discounted events throughout the year (Vasant Utsav, Holi, Diwali etc)
- Ticket preference at popular events with limited seating.
- Opportunity to participate in the Annual cultural show in May.

ICSR will share selected event pictures and videos on its website, Diwali brochure and social media

➢ https://www.facebook.com/India-Cultural-Society-Of-Rockland
➢ Instagram@indiaculturalsocietyofrockland
➢ www.icsronline.com
➢ Twitter@icsrsocialmedia
➢ icsrinfo@gmail.com
➢ 1-347-688-7440
Culture and Art enhance the quality of our lives. This is particularly true to all Indians as we come from a land steeped in traditions and culture. As Indian Americans, we strive to keep this alive so that we can pass this to our children.

The India Cultural Society of Rockland has been passionately keeping the torch of Indian culture alive in the tri-state area since 1972. ICSR is instrumental in promoting Indian culture and heritage to local Indian and American community, through various events organized throughout the year.

The ICSR committee runs on the advice, time and energy provided by volunteers within the community. However nothing can be accomplished without your participation and monetary support. Your support will go a long way in helping ICSR achieve its mission as well as expand its programs and services.

Please fill in the attached ad form and mail in with a check to advertise your business as well as support your own organization!

---

India Cultural Society of Rockland
(A non-profit organization)
Sponsorship & Advertisement for 2019

Enclosed is my check in the amount of $____________

☐ Full Page b/w ad in 1 newsletter ($100)
☐ Half Page b/w ad in 1 newsletter ($50)
☐ Full Page b/w ad in 3 newsletters ($300)
☐ Half Page b/w ad in 3 newsletters ($150)
☐ Annual Sponsor ($500) - full page b/w ad in 3 newsletters & Diwali Brochure
☐ Grand sponsor ($1000) - full page b/w ad in 3 newsletters & color ad in Diwali Brochure + website ad
Include your text message here
☐ General / Event name _____________________ Amount: $ _______________

__________________________________________________________________________

Sponsor Name: _____________________________________________________________

Company/Affiliation: _______________________________________________________
About Our Organization

India Cultural Society of Rockland, Inc. (ICSR) is a nonprofit organization whose objectives include:

(a) Promote better understanding between the nationals of India, the United States of America, and other countries; and
(b) Foster greater friendship among its members
(c) Promote Indian Culture and values in the younger generation and mainstream America by:

WEAVING THE CULTURAL FABRIC
Vasant Utsav, Holi, Navratri, Raas Garba, Diwali

GIVING BACK TO THE COMMUNITY
Food & Clothing Drive, Senior Trip, Recreational Therapy, Youth Mentoring, Health fair

PROMOTING TALENT & CAMARADERIE
Cultural Show, Art Show, Recognizing Graduating Seniors, Picnic, India Day Parade & Festival

Stay Connected
Please provide us your email addresses at icsrinfo@gmail.com so that we can communicate with you efficiently. This will save ICSR a significant amount of printing and in mailing costs and improve the quality of our programs.

1-347-688-7440
www.icsronline.com
icsrinfo@gmail.com

From:
ICSR
26 Harvest Road
New City, NY 10956

TO